

Breakfast:

First Course- Juice, Milk, Dry Cereal, Oatmeal

Second Course- Fried, Poached or Scrambled Eggs with Toast or Muffins

Or Pancakes with Syrup

Or French Toast

Lunch:

Milk and Spring Water

First Course- Soup of the Day with Crackers

Second Course- Sandwiches such as: Grilled Cheese, Chicken Patty, Meatball, Steak Subs, Tuna, Westerns, Cold Cuts or even Pizza!

Dessert- Fruit such as: Watermelon, Apples, Peaches, Plums or Fruit Cup

Dinner:

Spring water

Main Course- Lasagna, Spaghetti, Pork Chops, Barbecued Chicken, Chicken Pot Pie, Chicken Parmesan, Turkey Dinner, Salisbury Steak, Roast Beef

Side Dishes- Potatoes, Vegetables, Salads and Homemade Breads and Rolls!

Dessert- Cake, Pie, Cobbler, Cookies, Pastries or Ice Cream

Cook Out:

Wednesday and Sunday evenings

BUG JUICE!!!

Hot Dogs and Hamburgers

with all the condiments and Chips

Popsicles or Cookies